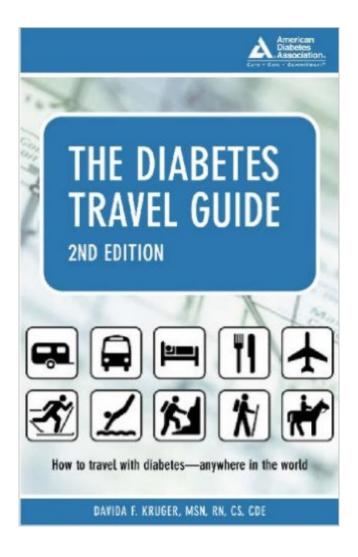
The book was found

The Diabetes Travel Guide





Synopsis

Travel Worry-free This is still the best resource for you if you're traveling and have diabetes. You learn how to travel safely, how to anticipate any problem by creating a diabetes survival kit, how to find insurance to cover medical expenses while you travel, and how to plan for anything that can go wrong.

Book Information

Paperback: 148 pages

Publisher: American Diabetes Association; 2nd edition (November 6, 2006)

Language: English

ISBN-10: 1580402364

ISBN-13: 978-1580402361

Product Dimensions: 4.2 x 0.5 x 6.8 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.7 out of 5 stars Â See all reviews (3 customer reviews)

Best Sellers Rank: #1,834,308 in Books (See Top 100 in Books) #151 in Books > Health, Fitness

& Dieting > Diets & Weight Loss > American Diabetes Association #17081 in Books > Health,

Fitness & Dieting > Diseases & Physical Ailments #345491 in Books > Textbooks

Customer Reviews

Now in a completely updated and significantly expanded second edition, "The Diabetes Travel Guide" by Davida F. Kruger is the ideal resource for anyone with diabetes who needs to travel for purposes of business or pleasure. The perfect planning resource for trips ranging from across town to across the country, "The Diabetes Travel Guide" covers medical needs, snacks, a physicians note, and other essentials for the diabetic. Whether traveling by car, bus, train, ship, or plane, whether visiting a city or camping out in the wilderness, "The Diabetes Travel Guide" will prove indispensable to insuring the safety and health of the diabetic traveler. Sized to fit nicely into a coat pocket or a purse, and enhanced with website information, phone numbers, charts on adjusting medication, insulin issues, and even translations of common phrases in several different languages in case of an overseas emergency, "The Diabetes Travel Guide" is strongly recommended for anyone having (or traveling with someone having) diabetes-based health concerns.

That guide is a compact and easy to transport, as part of the philosophy of the text. Concise though comprehensive in the topics covered, the author delight us with tens of highly informative tables

about the basic set up for a travel. The only drawback is that the guide is highly oriented to US people, I mean, a lot of advices about health institutions, emergencies and medicines does not apply for European people. Anyway, I recommend the book even if your not diabetic and plan to do a long travel.

Helpful

Download to continue reading...

Diabetes: Reverse Diabetes: How to reverse diabetes and manage type 2 diabetes, type 1 diabetes and gestational diabetes (Diabetes, Type 2 diabetes, Type ... sugar, diabetic recipes, what is diabetes) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES, diabetic cookbook, type 2 diabetes) Diabetes Diet: The Ultimate Diabetic Diet Plan, How To Lose Weight, Prevent And Cure Type 2 Diabetes (Diabetes, Diabetes Diet, Diabetes Diet Plan, Diabetes ... Diabetes, Type 2 Diabetes Diet Book Book 1) Diabetes: How To Reverse Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes, Diabetes free, Reversing Diabetes) Diabetes: Diabetes Diet: 3 Steps to Cure Diabetes The Ultimate Guide with the Top Foods to Restoring Blood Sugar (diabetes,type 2 diabetes,diabetes symptoms,type ... diet,glucose,type 2 diabetes symptoms) Diabetes Diet - Ultimate Step-by-Step Guide to Reversing Diabetes With Your Diet: Diabetes, Diabetes Diet, Diabetes Cure, Reverse Diabetes, Type 2 Diabetes, Vegan, Vegetarian Diabetes: The Most Effective Ways and Step by Step Guide to Reverse Diabetes: (Diabetes, Diabetes Diet, Lower Blood Sugar, Diabetes free, Diabetes Cure, Reversing Diabetes) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) The Type 2 Diabetes Cure - How to Reverse Diabetes Naturally and Enjoy Healthy Living for Life (Reverse Diabetes, Diabetes, Type 2 Diabetes, Diabetes Diet, ... Solution, Type 2 Diabetes Cookbook, Book 1) Paris Travel Guide - Paris Travel: The Ultimate Guide to Travel to Paris on a Cheap Budget: (Honeymoon in Paris, Paris Travel Guide, Travel on a Budget, Save Money) Barcelona Travel Guide: Barcelona, Spain: Travel Guide Book-A Comprehensive 5-Day Travel Guide to Barcelona, Spain & Unforgettable Spanish Travel (Best Travel Guides to Europe Series Book 10) London Travel Guide: London, England: Travel Guide Book-A Comprehensive 5-Day Travel Guide to London, England & Unforgettable English Travel (Best Travel Guides to Europe Series Book 9) Diabetes: Diabetes Prevention And

Symptoms Reversing, Guide To Diabetes Diet, Nutrition Tips, The "Cure" For Diabetes Type 2 (Diabetes Diet Cookbook And ... Dummies, Reverse Diabetes Without Drugs 1) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: Reverse Diabetes With Proven Step By Step Methods And Superior Strategies (Diabetes Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) American Diabetes Association Complete Guide to Diabetes: The Ultimate Home Reference from the Diabetes Experts (American Diabetes Association Comlete Guide to Diabetes)

Dmca